



MEMORANDUM

TO: Health Care Commission
Duane Goossen, Chair
Connie Hafenstine
Sandy Praeger
Nancy Ruoff
John Staton

FROM: Doug Farmer

DATE: March 23, 2009

SUBJECT: **Health Screenings and Personal Health Assessments**

The State Employee Health Plan's HealthQuest program is offering free health screenings in multiple locations statewide starting March 30 and continuing through September 17, 2009. Eligible members include benefits eligible State and Non State employees who are enrolled in the State Employee Health Plan or who have waived coverage in the plan. Retirees, spouses and dependents 18 years or older who are enrolled in the State Employee Health Plan are also eligible.

In 30 minutes or less, employees and eligible family members can complete a health screening that will provide them with important health information including:

- Total cholesterol, HDL, LDL, total cholesterol to HDL ratio, and triglycerides
- Glucose
- Systolic and diastolic blood pressure
- Height, weight, and body mass index (BMI)

To make an appointment, members will need to go online, review the list of screening locations, and sign up for a location near them. The web page is at: <http://www.khpa.ks.gov/healthquest/screenings.html>. Members who do not have internet access, may call toll free 1-888-275-1205 (press zero) to schedule their appointment. Members are encouraged to schedule their appointments as soon as possible. The appointment system will close 10 business days prior to the event date (5 days prior for events from March 30 to April 22). An appointment is required to attend a screening event to prevent delays and ensure members are treated within the time parameters outlined in the vendor's contract; no walk-ins will be accepted.

Members will need to complete the online Personal Health Assessment (PHA) using numbers (biometric data) either from their health screening or from their physician. The PHA is available April 1, 2009, through September 30, 2009. Upon completion of the PHA, the member is eligible to receive a \$50 gift card. The gift card award is taxable to the members who receive it. For State employees and their eligible dependents, the estimated taxes on the award will be deducted from their paychecks. Other members of the State Employee Health Plan (such as retirees and Non State participants) will need to declare the value of the award as miscellaneous income on their Federal and State 2009 tax returns, although there will be no 1099 forms issued.